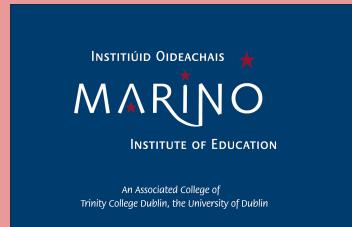




Literacy in the Kitchen

Advice, tips & support for parents to support
Emergent Literacy at home

Dr. Jennifer O'Sullivan & Clara Maria Fiorentini, Marino Institute of Education, 2020.



Literacy tips when cooking together

Writing/Mark making:

Write a shopping list together for the food items you need to create your recipe

Reading:

Read a simple recipe together (Chocolate crispie buns). Put your finger under each word as you read for your child

Phonological Awareness:

Ask your child to tell you how many syllables are in the ingredients you are using, eg. Eggs (1), butter (2), margarine (3), sugar (2), chocolate (3)

Phonological Awareness:

Which of these ingredients begin with an 'f' sound? (flour)

Which of these ingredients end with a 'g' sound? (egg)

What words rhyme with 'oil'?

Reading:

Can your child find the letters in his/her name on some of the packaging of the ingredients?

Writing/Mark making:

Once finished, get your child to draw the stages of the recipe you created together. Can they write a word or two under each drawing?

Writing:

Create a rice/salt/sugar tray for the children to practice forming their letters

Oral Language:

Discuss where a particular ingredient comes from.

Oral Language:

Ask your child to create an imaginative recipe. Give their recipe an exciting name.

Emergent Literacy in 'The Kitchen'

Our Favourite Food

Using photos or pictures or wrappers of things they like; create a simple book that your child can practice reading emergently!

I like to eat.... I love to make.... Mammy likes to cook....

DIY Jigsaws

Chop up cereal boxes / packaging and creating homemade jigsaws involving print / lettering / recognisable logos

I can read...

Explore the recycling box (or magazines / newspaper) and creating a collage or a booklet of all the labels your child can 'read'

Mealtimes Talk

- What would you rather a bath of marshmallows or a bath of chocolate, why?
- If you could only eat one thing for the rest of the year what would it be and why?
- If you had to build a house with food, what food would you use?

Dinner Time Decor

- Making place settings for each person at the dinner table
- Write / draw the menu for the day

Eating the Alphabet

- Open the fridge; find & record all the items that begin with vowels, then find & list all the items beginning with consonants
- How many items begin with the same letter sound?
- Choose 10 items from the cupboard. Arrange them in a row in alphabetical order.

Songs, rhymes & poems

Pat-a-cake

Pat-a-cake, pat-a-cake baker's man

Bake me a cake as fast as you can

Pat it and prick it and mark it with (first letter
of child's name)

Put it in the oven for _____ and me

Jelly on a Plate

Jelly on a plate, jelly on a plate
Wibble wobble, wibble wobble,
Jelly on a plate

Candles on a cake, candles on a cake
Blow them out puff, puff, puff
Candles on a cake

Sausage in the pan sausage in the pan,
Sizzle, sozzle, sizzle, sozzle,
Sausage in the pan!

Sweeties in the jar,
Sweeties in the jar
Gobble, gobble,gobble, gobble,
Sweeties in the jar

Pizza on the table

Pizza on the table, pizza on the chair,
Pizza on the ceiling, pizza in my hair.

Pizza on my fingers, pizza on my toes,
Pizza on my chinny chin, pizza on my nose. Pizza
on the table, pizza on the chair,

Pizza on the ceiling, pizza everywhere!

Songs, rhymes & poems

Toss a Pancake

Mix a pancake,
Stir a pancake,
Pop it in the pan;
Fry the pancake,
Toss the pancake,
Catch it if you can.

Humpty Dumpty's Bananas

Humpty Dumpty sat on a wall
Eating green bananas
Where do you think he put the skin?
Under his striped pyjamas!

Popcorn

Popcorn, popcorn,
Popping in the pan,
Shake it up, shake it up,
Bam, pop, bang!

Popcorn, popcorn,
Now it's getting hot.
Shake it up, shake it up,
Pop, pop, pop!

Pea Soup

One little pea,
Jumped into the pot,
And waited for the soup to get hot.
Two little peas jumped into the pot,
And waited for the soup to get hot.
Three little peas jumped into the pot,
And waited for the soup to get hot.
Four little peas jumped into the pot,
And waited for the soup to get hot.
Finally the soup got so very hot,
All the little peas jumped out of the pot!

Songs, rhymes & poems

Spaghetti Spaghetti

Jack Prelutsky

Spaghetti! spaghetti! you're wonderful stuff, I love you, spaghetti, I can't get enough. You're covered in sauce and you're sprinkled with cheese, spaghetti! spaghetti! oh, give me some more please.

Spaghetti! spaghetti! piled high in a mound, you wiggle, you wiggle, you squiggle around. There's slurpy spaghetti all over my plate, spaghetti! spaghetti! I think you are great.

Spaghetti! spaghetti! I love you a lot, you're slishy, you're slushy, delicious and hot.

I gobble you down oh, I can't get enough,
Spaghetti! spaghetti! You're wonderful stuff.

The Vegetable Song

(To Twinkle Twinkle)

Carrots, peas and broccoli,
Vegetables are good for me,
For my snacks and in my lunch,
Veggie sticks are nice to munch,
Carrots, peas and broccoli,
Vegetables are good for me.

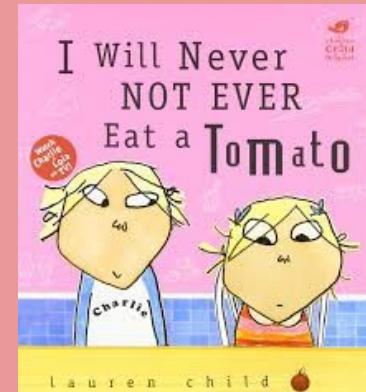
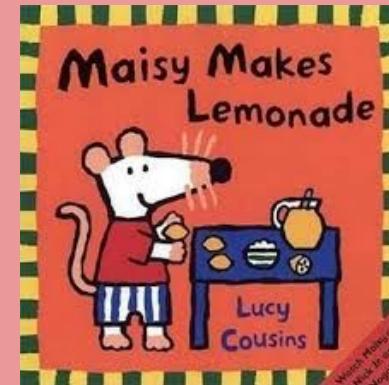
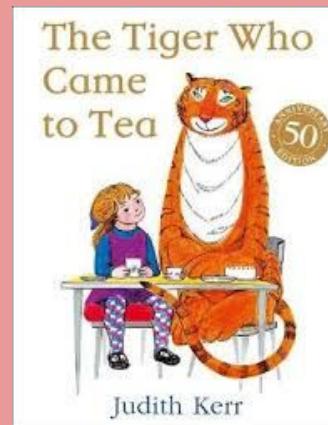
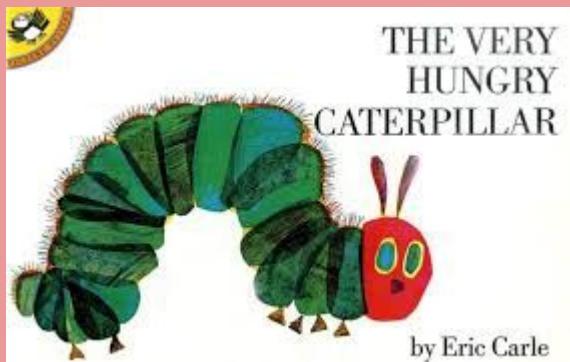
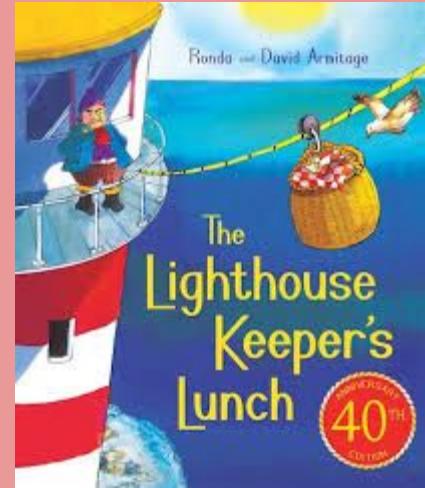
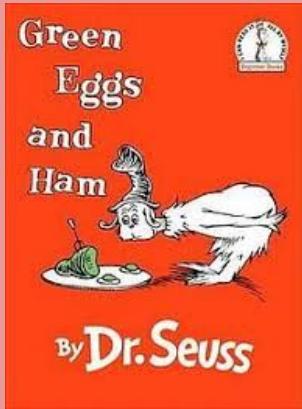
Author: StorytimeKatie.com

Everything On It

(Shel Silverstein)

I asked for a hotdog,
With everything on it,
And that was my big mistake.
'Cause it came with a carrot,
A bee in a bonnet,
A wristwatch, a wrench and a rake.
It came with a goldfish, a flag and a fiddle,
A frog and a front porch swing.
And a mouse in a mask, That's the last time I ask,
For a hotdog with everything.

Food-related picture books



More Traditional Tales

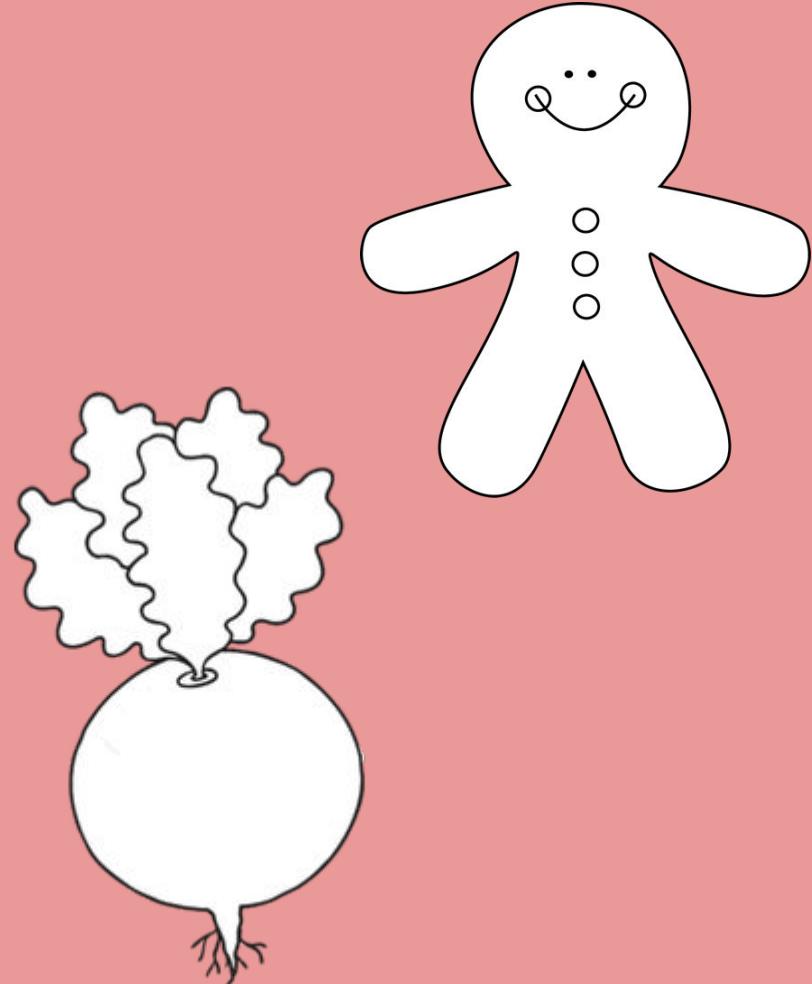
The Magic Porridge Pot

The Enormous Turnip

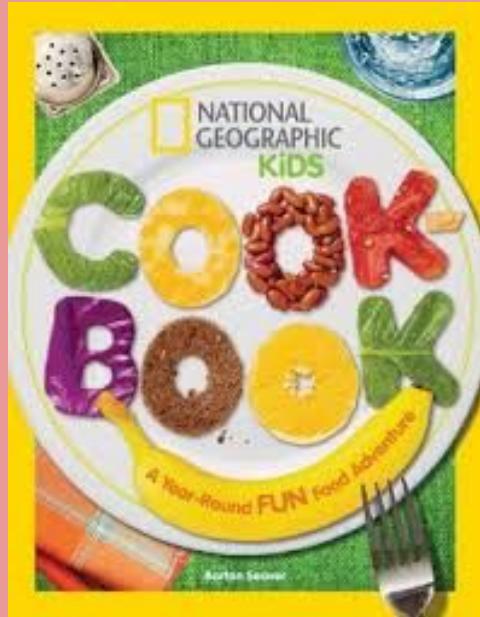
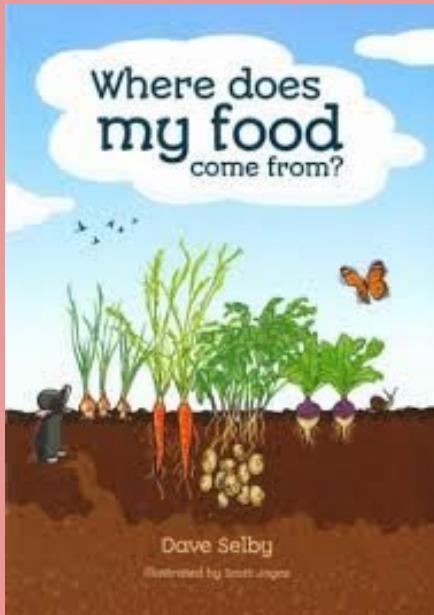
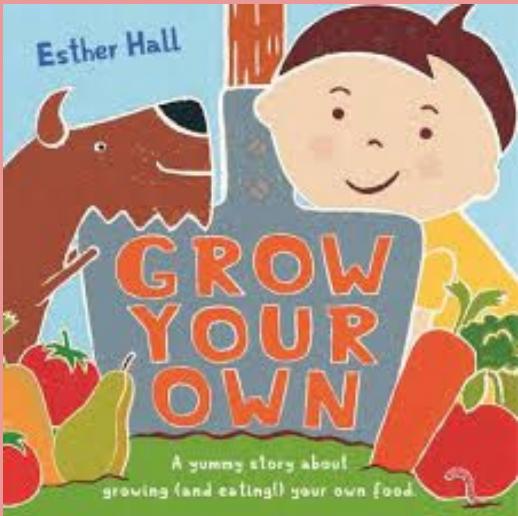
The Gingerbread Man

Stone Soup

The Little Red Hen



Non-fiction texts



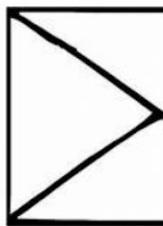
If it is not...

If it is not a
plate...



Then what is it?

If it is not an
envelope...



Then what is it?

If it is not a
cup...



Then what is it?

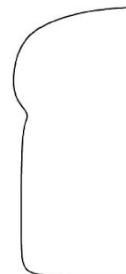
If it is not...

If it is not a
pair of scissors...



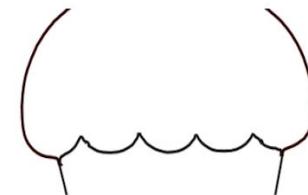
Then what is it?

If it is not a
slice of bread...



Then what is it?

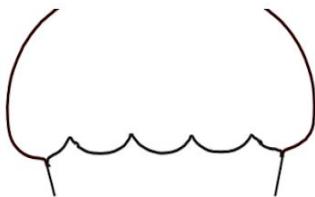
If it is not a
cupcake...



Then what is it?

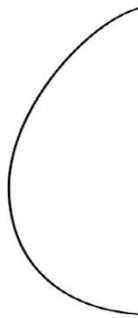
If it is not...

If it is not a
cupcake...



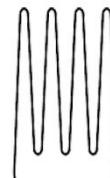
Then what is it?

If it is not an
egg...



Then what is it?

If it is not a
fork...

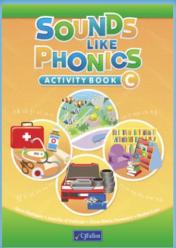
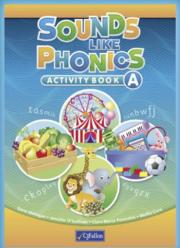


Then what is it?

Sounds Like Phonics

A multisensory, thematic approach to phonics

CJ Fallon is delighted to present the new Sounds Like Phonics programme.



<https://slp.cjfallon.ie/>



Unit 1 The Funfair - Mouth position videos



Play the video. Watch the mouth movements.

S



0:06 / 0:13



Unit 1 The Funfair - Letter formation



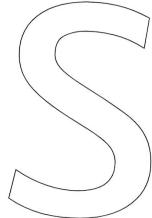
Press play to see how the letter is written.



Write the letter by yourself. Choose your colours.



0:04 / 0:09



We hope you find these useful!



Lots of ways to enjoy emergent literacy creatively, informally & playfully in the kitchen!

Talk, read, draw & most importantly, have fun!



@Osullije



@L_MissTeacher



@littlemisssteacherblog



www.littlemisssteacher.com

A special thanks to Mia, our wonderful assistant!

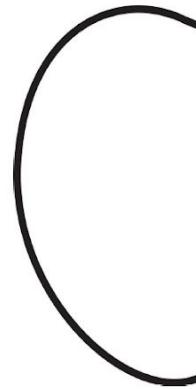
If it is not...

If it is not an oven mitt...



Then what is it?

If it is not an apple...



Then what is it?

If it is not a spoon...



Then what is it?